



OASIS ACADEMY BLAKENHALE JUNIOR



KEY STAGE 2 – PE CURRICULUM MAP (2020-2021)

		AUTUMN 1 (Sep – Oct half term)	AUTUMN 2 (Oct half term – Dec)	SPRING 1 (Jan – Feb half term)	SPRING 2 (Feb half term - Apr)	SUMMER 1 (Apr – Jun half term)	SUMMER 2 (Jun – Jul)
Year 3	SESSION 1 CPD AM	FITNESS (Team-Teaching)	FITNESS (Team-Teaching)	FIT4LIFE (Team-Teaching)	SAQ (Team-Teaching)	INTERVAL RUNNING (Team-Teaching)	FITNESS CHALLENGES (Team-Teaching)
	SESSION 2 PPA PM	1 BOXERCISE 2 FOOTBALL 3 DODGEBALL	1 YOGA 2 BADMINTON 3 FUNDAMENTALS	1 CIRCUITS 2 INDOOR HOCKEY 3 BASKETBALL	1 MOVEMENT 2 HANDBALL 3 MULTI SKILLS	1 GYMNASTICS 2 TAG RUGBY 3 CRICKET	1 ATHLETICS 2 TENNIS 3 TEAM GAMES
YEAR 4	SESSION 1 CPD AM	FITNESS (Team-Teaching)	FITNESS (Team-Teaching)	FIT4LIFE (Team-Teaching)	SAQ (Team-Teaching)	INTERVAL RUNNING (Team-Teaching)	FITNESS CHALLENGES (Team-Teaching)
	SESSION 2 PPA PM	1 BOXERCISE 2 FOOTBALL 3 DODGEBALL	1 EX TO MUSIC 2 FUNDAMENTALS 3 MULTI SKILLS	1 CIRCUITS 2 INDOOR HOCKEY 3 BASKETBALL	1 FITNESSMOVEMENT 2 HANDBALL 3 MULTI SKILLS	1 GYMNASTICS 2 TAG RUGBY 3 CRICKET	1 ATHLETICS 2 TENNIS 3 TEAM GAMES
YEAR 5	SESSION 1 CPD AM	FITNESS (Team-Teaching)	FITNESS (Team-Teaching)	FIT4LIFE (Team-Teaching)	SAQ (Team-Teaching)	INTERVAL RUNNING (Team-Teaching)	FITNESS CHALLENGES (Team-Teaching)
	SESSION 2 PPA PM	1 BOXERCISE 2 FOOTBALL 3 DODGEBALL	1 LEGS,BANDS & YOGA 2 BADMINTON 3 MULTI SKILLS	1 CIRCUITS 2 INDOOR HOCKEY 3 BASKETBALL	1 FITNESSMOVEMENT 2 HANDBALL 3 MULTI SKILLS	1 GYMNASTICS 2 TAG RUGBY 3 CRICKET	1 ATHLETICS 2 TENNIS 3 TEAM GAMES
YEAR 6	SESSION 1 CPD AM	FITNESS (Team-Teaching)	FITNESS (Team-Teaching)	FIT4LIFE (Team-Teaching)	SAQ (Team-Teaching)	INTERVAL RUNNING (Team-Teaching)	FITNESS CHALLENGES (Team-Teaching)
	SESSION 2 PPA PM	1 BOXERCISE 2 FOOTBALL 3 DODGEBALL	1 LEGS, BAND & YOGA 2 BADMINTON 3 SAQ	1 FLEXIBILITY 2 INDOOR HOCKEY 3 BASKETBALL	1 FITNESSMOVEMENT 2 HANDBALL 3 MULTI SKILLS	1 GYMNASTICS 2 TAG RUGBY 3 CRICKET	1 ATHLETICS 2 TENNIS 3 TEAM GAMES

